

Alternative Provision PSHRE Curriculum

Term	KS3 Curriculum
Autumn	<p>Being Me in My World</p> <ul style="list-style-type: none"> • How do I fit into the world I live in? • Can I choose how I fit in the world? • To what extent does the world I live in affect my identity? <p>Celebrating Difference</p> <ul style="list-style-type: none"> • Do we need to feel 'the same as' to belong? • How different are we really? • Is being different a good thing?
Spring	<p>Dreams and Goals</p> <ul style="list-style-type: none"> • Can my choices affect my dreams and goals? • Can the choices I make now influence my future? <p>Healthy Me</p> <ul style="list-style-type: none"> • To what extent am I responsible for my mental and physical health? • Can I become more responsible for my health and happiness? • How can substances impact on wellbeing?
Summer	<p>Relationships</p> <ul style="list-style-type: none"> • What can make a relationship healthy or unhealthy? • Can relationships ever be equal? <p>Changing Me</p> <ul style="list-style-type: none"> • Do I stay the same when things around me change? • How can change affect mental health?

Term	KS4
Autumn	<p>Being Me in My World</p> <ul style="list-style-type: none"> • Is managing my online and offline world within my control? <p>Celebrating Difference</p> <ul style="list-style-type: none"> • Does difference result in inequality?
Spring	<p>Dreams and Goals</p> <ul style="list-style-type: none"> • Is success only possible when physical and emotional needs are in balance? <p>Healthy Me</p> <ul style="list-style-type: none"> • When it comes to my health, to what extent am I in control?
Summer	<p>Relationships</p> <ul style="list-style-type: none"> • Is love all you need? <p>Changing Me</p> <p>Can all change be positive in some way?</p>